

# LANCASTER FELLWALKERS

## COACH PROGRAMME – Winter 2009-10

Date	Depart	Area	Party	Ramble	Leader
11 Oct Sunday	08:30 (18:00)	Spark Bridge to Coniston	A+ A A- B	Blawith Fells Dow Crag Brantwood Beacon Tarn	D Ward D Coman B Simister H Preston
25 Oct Sunday	09:00 (17:15)	Tebay To Sedbergh	A+ A A- B	Howgills tba Winder Crook of Lune	J Sellars tba H Nixon H Preston
8 Nov Sunday	08:30 (17:00)	Kirkstone to Patterdale	A+ A A- B	Fairfield High Street tba Brothers Water	S Vogt M Ainsworth B Simister J Shepherd
22 Nov Sunday	09:00 (16:30)	Staveley to Ambleside	A+ A A- B	Wansfell Wansfell Dubbs Reservoir Windermere to Ambleside	J Dunbar D Swarbrick / M Leach / M Maslin H Preston J Shepherd
6 Dec Sunday	08:30 (16:00)	Limestone Link to Kirkby Lonsdale (Christmas Meal)	A+ A A- B	Limestone Link Limestone Link Hanging Hill Beetham to Kirkby Lonsdale	J Wilkin-Oxley F & S Lawson H Nixon J Shepherd
20 Dec Sunday	09:00 (16:00)	Pendle (Downham)	A+ A A- B	Pendle Pendle Nick of Pendle Ribble Way	C Waddon J Harding D Coman J Brown
3 Jan Sunday	08:30 (16:30)	Langdales	A+ A A- B	Mickleden tba Lingmoor Slater Bridge	P Holroyd tba B Simister D Coman
17 Jan Sunday	09:00 (17:00)	Shap to Askham	A+ A A- B	Bampton Common Load Pot Hill Askham Fell Knipe Scar	H Ward M Thomason J Brown B Simister
31 Jan Sunday	08:30 (17:30)	Appleby to Dufton	A+ A A- B	Great Dunn Fell High Cup Nick High Cup Nick Knock Fell	D Ward J Brown D Coman J Shepherd
14 Feb Sunday	09:00 (17:45)	Settle	A+ A A- B	Malham Victoria Cave Attermire Scar Austwick	N Westwell M Thomason L Hacking Joan & John Harding
28 Feb Sunday	08:30 (18:00)	Keswick (via A591)	A+ A A- B	Raven Crag tba Watendlath Walla Crag	N Westwell tba H Preston B Simister
14 Mar Sunday	09:00 (18:00)	Mungrisedale to Caldbeck	A+ A A- B	Great Lingy Hill High Pike Great Lingy Hill Nether Row	R Bowman M Ainsworth H Nixon H Preston
28 Mar Sunday	08:30 (18:30)	Wensleydale (Hawes)	A+ A A- B	Dodd Fell Three 'Ways' Wether Hill Appersett	M Betts & J Davies D Coman J Brown John & Joan Harding

Bookings : 01524 858243

More details and updates on Web Site: <http://www.lancasterfellwalkers.co.uk>